



# ARYSE

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## RFAST®



### Features

- Patented COG that provides functional stability and increases tension as the foot moves further from its neutral position
- Rigid upper cuff and lower footplate to control foot motion
- Adjustable straps for a secure fit
- Lightweight, breathable, and comfortable

### Scope of Application

- Ankle instabilities
- Ankle sprains
- Drop foot
- Effusions of joints, ankle, and foot
- Osteoarthritis
- Rheumatoid arthritis
- Stiffness
- Among others



### Directions for Use

1. Put on provided ankle sleeve
2. Undo both straps from D-rings
3. Put RFAST into shoe
4. Loosen shoelaces on shoe before inserting foot into RFAST and shoe
5. Insert foot into RFAST and shoe  
Pulling top of RFAST back will allow for more room when inserting foot into RFAST and shoe
6. Push RFAST and foot fully to back of shoe
7. Ensure hinges are aligned with ankle bones
8. Ensure achilles is completely at back of RFAST and foot is completely at back of shoe
9. Ensure there is no slack in strap on backside of leg
10. In a seated position, have foot flat on ground with knee directly above toes
11. Put both straps back through D-rings and tighten to a snug fit around lower leg
12. Hold inside hinge in place so that it is aligned with ankle bone while tightening straps
13. If straps are too long, remove rubber strap tabs and trim the strap(s) to desired length
14. Tie shoelaces  
If shoelaces aren't tied tight enough, foot could migrate around, which would affect experience with RFAST

#### Left Brace

101L  
102L  
103L

#### Right Brace

101R  
102R  
103R

#### Size

Small  
Medium  
Large

#### Men's Shoe Size

up to 7.5  
8 - 10.5  
11 and up

#### Women's Shoe Size

up to 9  
9.5 - 12  
12.5 and up





ARYSE

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### Warranty

All products, with the exception of exo-performance products, sold by ARYSE are warranted against defects in material and workmanship for a period of one (1) year from the date of shipment. All exo-performance products sold by ARYSE are warranted against defects in material and workmanship for a period of six (6) months. If you believe any ARYSE product you have purchased has a defect in material or workmanship or has failed during normal use within the warranty period, please contact ARYSE at 855-877-2886 for assistance. Please call your supplier with any questions unrelated to the warranty. If product repair or replacement is necessary, the customer will be solely responsible for all shipping charges, insurance, and proper packaging to prevent breakage in transit. This warranty does not apply to defects resulting from any customer actions, such as mishandling, operation outside of design limits, misapplication, improper repair, or unauthorized modification. No other warranties are expressed or implied.

### Cleaning and General Care

Hand wash with lukewarm water and mild soap. Rinse well making sure to remove all soap residue as it can cause skin irritation and deterioration of the support. Air dry. Do not expose to direct heat or sunlight while drying to prevent shrinkage and damage to your support.

### Notice

While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that further injury will be prevented through the use of this device. Intended for single patient use only. Intended to be dispensed by the prescription or order of a licensed practitioner. If you experience pain while using this product, discontinue use and consult your doctor.

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**HI-TECH**  
Human Intelligence Technology, LLC

888-750-6840  
sales@humanitechnology.com |  
www.humanitechnology.com

